

MABEL KAY SENIOR CENTER – DECEMBER 2023

**Registration Required*

Monday	Tuesday	Wednesday	Thursday	Friday
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	*			10:15-11:00a Chair Yoga 11a-1p Scrabble <i>12:30-1p Garden Club Craft*</i>
4	5	6	7	8
10:15-11 Chair Yoga 11:15-12:15 Spanish 1-3p Mah Jongg	10:15-11a Fitness/Mel 12:30-3p Bridge Club	<i>9-10am Fall Prevention*</i> 10a-12p Coffee & Schmooze 1-2:30p BINGO 1-2:30p Beginners Line Dancing	9-11am Beginner Art 10:15-11a Fitness/Mel 1-1:45p Tai Chi 11a-2p Advanced Art	10:15-11:00a Chair Yoga 11a-1p Scrabble
11	12	13	14	15
10:15-11 Chair Yoga 11:15-12:15 Spanish <i>11:30a-1p LATKES*</i> 1-3p Mah Jongg	10:15-11a Fitness/Mel 11am-noon Book Club 12:30-3p Bridge Club	<i>9-10am Fall Prevention*</i> 10a-12p Coffee & Schmooze <i>12:30-2 Something to Chew On*</i> 1-2:30p Beginners Line Dancing	9-11am Beginner Art 10:15-11a Fitness/Mel 1-1:45p Tai Chi 11a-2p Advanced Art	10:15-11:00a Chair Yoga 11a-1p Scrabble <i>12-2pm Holiday Party*</i>
18	19	20	21	22
10:15-11 Chair Yoga 11:15-12:15 Spanish 1-3p Mah Jongg	<i>10-10:50a Memoir Handoff*</i> 10:15-11a Fitness/Mel 12:30-3p Bridge Club <i>1:45-2:45 Memoir Handoff*</i>	<i>9-10am Fall Prevention*</i> 10a-12p Coffee & Schmooze 1-2:30p BINGO 1-2:30p Beginners Line Dancing	10:15-11a Fitness/Mel 1-1:45p Tai Chi ** NO ART CLASS	10:15-11:00a Chair Yoga 11a-1p Scrabble
25	26	27	28	29
CLOSED FOR CHRISTMAS	10:15-11a Fitness/Mel 12:30-3p Bridge Club	10a-12p Coffee & Schmooze NO LINE DANCING NO SOMETHING TO CHEW ON	10:15-11a Fitness/Mel 1-1:45p Tai Chi ** NO ART CLASS	10:15-11:00a Chair Yoga 11a-1p Scrabble